



UNITED STATES MARINE CORPS  
I MARINE EXPEDITIONARY FORCE  
U.S. MARINE CORPS FORCES, PACIFIC  
BOX 555300  
CAMP PENDLETON CA 92055-5300

1000  
IG

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POLICY LETTER 8-17

From: Commanding General, I Marine Expeditionary Force  
To: Distribution List

Subj: DEPLOYMENT REINTEGRATION AND RESET WITHIN I MARINE EXPEDITIONARY FORCE

Ref: (a) MCO 1754.9A (UPRFP)  
(b) MCO 5100.29B (Marine Corps Safety Program)  
(c) MCO 5351.1 (COSC Program)  
(d) MARADMIN 284-11 (Guidance for Required Deployment Health Assessment)  
(e) MARFORPAC Order P3120.10D (Unit Deployment Program - UDP)  
(f) MARCENT Order 5351.1 (Warrior Transition Training Program - WTT)  
(g) MARADMIN 675/16 (Force Preservation Council(FPC) Hand-Off Tool)

Encl: (1) I MEF Reintegration and Reset POA&M  
(2) Marine and Family Deployment Cycle Training

1. Purpose. To establish policy for Reintegration and Reset (R&R) planning and execution within I Marine Expeditionary Force (I MEF).
2. Information. Major Subordinate Commands, Major Subordinate Elements, and all deploying units will develop and implement a comprehensive reintegration and reset plan expanding upon the Combat and Operational Stress Control program's (COSC) Deployment Cycle Training (DCT) and the Readiness and Deployment Support training (RDS). Intent is to maintain a balanced approach, affording Commanders maximum flexibility to tailor training and support to the unit's and families' needs while implementing a standard set of requirements.
3. Scope. In accordance with the references, Commanders are tasked to maximize force preservation and readiness throughout a unit's deployment cycle (pre-deployment, deployment, return and post-deployment). Effective individual, unit, family reintegration and reset is based upon an integrated approach that begins with pre-deployment and ends when the unit is operationally reset for follow on assignments. Particular attention should be given to decompression periods, family reunion/support, and individual transfer and transitions.
  - a. In accordance with reference (c), "Commanders shall conduct a 3-5 day operational pause (relief in place) immediately prior to departing theater as a "decompression" period. Additionally, after returning from an operational deployment, and before granting post-deployment leave/liberty, all units shall conduct a second decompression period consisting of 5 abbreviated workdays in garrison. The post-deployment stand-down is a crucial time for Marine leaders to observe their Marines and Sailors during the transition back home and into a garrison environment to ensure they receive any needed care."
  - b. Each MAGTF is unique in its composition, mission, and duration; Commanders shall implement mandatory training and tailor their DCT and RDS accordingly.
    1. Marine Expeditionary Units shall conduct appropriate DCT aboard ship during their return to homeport. Commanders shall leverage subject matter experts from the I MEF Force Preservation team to support training during the transit from Hawaii to San Diego.
    2. UDP units shall follow guidance set forth in references (c) and (e).

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3. Special Purpose MAGTFs and Task Forces deployed to the CENTCOM AOR shall follow guidance set forth in references (c) and (f).

c. Commanders are assisted in the planning and execution of their DCT, RDS, and reintegration and reset efforts by a Force Preservation team consisting of Safety, COSCs, Operational Stress Control and Readiness teams, medical, Family Readiness Officers, chaplains, mental health professionals, preventive behavioral health professionals, and Marine & Family programs personnel.

4. In accordance with reference (g), commanders shall use the FPC Hand-Off Tool in MOL to facilitate and document passing force preservation POC information for transferring Marines. This data shall be entered into MOL by the losing command for each transferring Marine, no earlier than 14 days prior to transfer. Particular attention is required for Individual Augments during the post-deployment decomposition process.

5. Commanders. Commanders will comply with mandatory training in accordance with MCOs, shall provide their Marines/Sailors and Families training in accordance with enclosures (1) and (2), and shall provide Reintegration and Reset (R&R) plan updates as part of their pre and post deployment briefs (to IMEF CG). Additionally, challenges and best practices will be captured by the MEF IG as part of an R&R unit evaluation.

6. Certification. This policy is applicable to the I MEF Total Force.

  
LEWIS A. CRAPAROTTA

Distribution: I/II

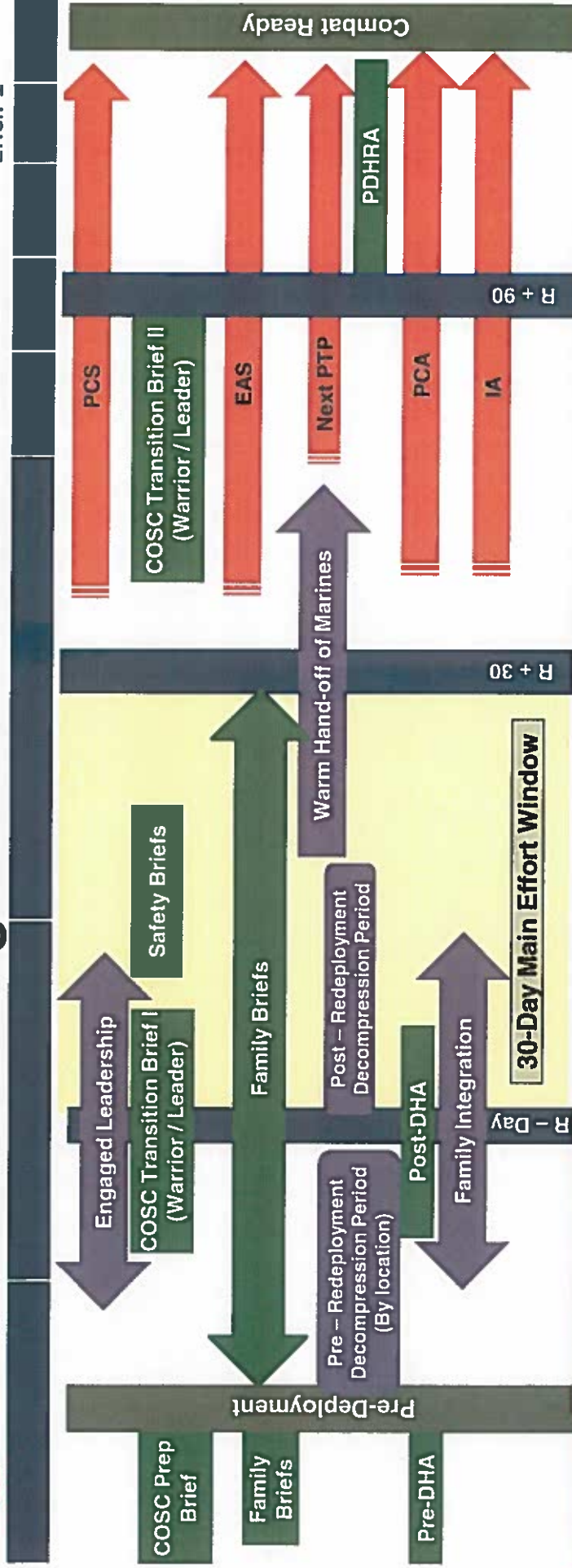
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# I MEF Reintegration and Reset POA&M

Encl. 1



Pre-Dep		Deployment		Return		Dwell / Unit Rebuild					
References	Requirement	Due Date		Scheduled Training Dates							
				POC	ADVON	Main Body	IAs	Other	MISC		
MCO 5351.1 MARADMIN 284-11	Post-DHA	30 days prior to R-Day/NLT 30 after R-Day		Medical							
MCO 5351.1 MCO 1754.9A	Family R&R Brief	Within 30 days of Re-Deployment		FRO							
MCO 5351.1	COSC Transition Brief I	NLT 30 days prior to R-Day and/or executing block leave		Unit COSC Rep I MEF COSC							
MCO 5351.1	COSC Transition Brief II	Within 60 – 90 days after R-Day		Unit COSC Rep I MEF COSC							
MCO 5100.29B	Safety Briefs	Post-Deployment		Unit GSO/M							
MCO 5351 MARADMIN 284-11	PDHRA	90 – 180 days after R-Day		Medical							
SAME AS ABOVE	COSC/Family/Medical	PRE-DEPLOYMENT REQUIREMENTS		SAME AS ABOVE							
MARADMIN 675/16	FPC Hand-Off Tool	No earlier than 14 days from date of transfer		Unit CO/SgtMaj							

## MARINE AND FAMILY DEPLOYMENT CYCLE TRAINING

### PRE-DEPLOYMENT

Commanders shall provide the following training to their Marines/Sailors and Families (in BOLD), all others are recommended. FPD, FROs, Chaplains, and COSCs can assist in arranging for training.

#### Marines/Sailors:

- Marine Corps Family Team Building (MCFTB) Pre-deployment Brief (90 mins)
- Pay, Entitlements, Emotional cycle of deployment, CACO Process, legal brief, Readiness Checklists, M&FP Resources, Red Cross
- Financial Training (90 Mins)
- Stressed Out & Pissed Off (Community Counseling Center) (120 Mins)
- Leader led guided discussions from the Embedded Prevention Behavioral Health Capability (EPBH) (Command Driven) (15-20mins)
  - Decision making
  - Substance Misuse
  - Parenting
  - Stress Reduction
  - Suicide Prevention
  - Domestic Violence
  - Sleep and Nutrition
  - Other topics location in HQMC EPBHC Gear Locker Page
- Record of Emergency Data Audit
- Family Care Plan Audit NAVMC 11800
- Family Contact Form Audit NAVMC 11654
- System Authorization Access Request Form update
- ID Card expiration check
- Power of Attorney
- Will
- Rules of Engagement Brief (Country Specific)
- IsoPrep

Required by MCO: Combat and Operational Stress Control (COSC) Warrior/Leader Preparation Brief

#### Families:

- Ladders to Success/Deployment 101 (4 sessions 90 mins)
- LINKS (8 Hours)
- Financial Planning (90 Mins)
- Should I stay or go? Deployment decision making (90 Mins)
- Resource Brief = NMCRS, Education Center, FMEAP, CCC, MFLC, ASYMA, M&FP, FOCUS, CACO procedures (90Mins)
- Happiness Advantage (2 Hours)
- Stressed Out and Pissed Off (command driven based on trends can be pre/mid/post deployment) (90mins)
- Deployment Goal Setting (2 hours)
- Warrior Kids Pre-deployment Training (90 Mins)

\* Required by MCO: MCFTB conducts training for families, unit FROs only provide coordination.

Single Marine:

- Communication Class (4 Lenses, Say What?!?, How not to marry a jerk/jerkette, iRelate)
- Personal Property Brief (Car, Personal belongings, POA)

Couples (married, engaged, newly divorced, same sex, significant other):

\*items can be done pre/post deployment depending on status of relationship

- 4 Lenses
- 5 Love Languages
- Your, Mine & Ours Developing Healthy Blended Families
- 7 Habits of Highly Effective Military Families
- CREDO Retreat
- Oxygen for your Marriage

DEPLOYMENT

Marines/Sailors:

- Chaplain led courses (command specific i.e. Values Based Decision Making, Warrior Mindset and Resilience, et. al.)
- Leader led guided discussions from the Embedded Prevention Behavioral Health Capability (Command Driven) (15-20mins)

Required by MCO: COSC Warrior/Leader Transition I Brief

Families:

- Who am I?
- Self Care (command driven based on unit trends)
- LINKS
- Stressed out and pissed off
- Warrior Kids Series (command driven based on unit trends)

\* Required by MCO: MCFTB conducts training for families, unit FROs only provide coordination.

RETURN

Marines/Sailors:

- Chaplain Welcome Home Discussion
- FRO Family Return & Reunion Brief overview

Required by MCO: COSC Warrior/Leader Transition II Brief

Families:

- Return and Reunion Brief (command driven based on trends)
- Expectation Management, Reintegration Tools, Emotional Cycle, children

reactions, budget, operational stress, maintaining normal routine with slow change

- Warrior Kid (command driven based on trends)

- \* Required by MCO: MCFTB conducts training for families, unit FROs only provide coordination.